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Informed Consent for Phone, Electronic and Mail Contact

This document outlines my office policies related to my use of phone, electronic and mail contact. If you have any questions, I encourage you to bring them up when we meet.

FRIENDING: I do not accept friend or contact requests from current or former patients on any social networking site (Face book, LinkedIn, etc). I believe that adding patients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship.

INTERACTING: Please do not use SMS (mobile phone text messaging) or messaging on Social Networking sites to contact me. These sites are not secure and I may not read these messages in a timely fashion. If you do need to contact me between sessions, the best way to do so is by phone at 949/460-4908. Second best for only simple administrative issues, is email at srephd@hushmail.com , but I cannot guarantee a quick return response to you. Please do not email me about your therapy sessions, as email is not completely secure or confidential. If you choose to communicate with me by email, be aware that all emails are retained in the logs of your and my Internet service providers. Any mails that I receive from you and any response that I send to you become a part of your legal record. Any e-mails that take me longer than 5 minutes to read, will be billed at the rate of \$20/5 minute increments, and cannot be billed to insurance.

BUSINESS REVIEW SITES: You may find my psychology practice on sites that list businesses. Some of these sites include forums in which users rate their providers; businesses may be listed as a result of search engines combing through business listings and automatically adding listings regardless of whether the business has added itself to the site. If you should find my listing on any of these sites, please know that my listing is NOT a request for a testimonial, rating or endorsement from you as my patient. Although I am NOT soliciting your testimonial, you have a right to express yourself. Due to confidentiality, I cannot respond to any review on any of these sites whether it is positive or negative. I urge you to take your own privacy as seriously as I take my commitment of confidentiality to you.

OTHER MODES OF COMMUNICATION LIMITATIONS: Ordinary privacy precautions such as voice scramblers, voice mail boxes, locked fax, computer generated statements and mail are by no means foolproof, so that your confidentiality may be compromised when communicating by electronic devices or mail. Your use of such means of communication with me constitutes implied consent for reciprocal use of electronic and mail communication as well.

There may be times when telephone, postal or other kinds of communication may be utilized, such as: 1.) Brief, between-session contact calls, e-mail messages, mail billing or letters; 2.) Long distance communication when either party is out of town or otherwise unavailable.

PATIENT SIGNATURE verifying consent and understanding: _____