



CURRICULUM VITAE

SUZANNE R. ENGELMAN, Ph.D., BCB, FT

Licensed Health and Clinical Psychologist, CA Lic. # Psy7977

Office: Laguna Niguel, CA

Phone: 949/460-4908 Fax: 949/248-0421

suzyengelm@aol.com; website: www.healthpsychologynow.com

CURRENT POSITION

Private Practice: 1/09-current; Private Practice, Laguna Niguel, CA, working with adults and couples with anxiety, depression, emotional aspects of coping with life-threatening illness and end of life issues; bereavement, stress management, pain, Psychophysiological disorder (PPD), Tension Myositis Syndrome (TMS), relationship issues; utilizing bio-feedback, animal-assisted therapy, mind/body health tools, mindfulness-based cognitive tools, and Jungian approaches. Medical staff membership: St. Joseph Hospital, Orange, CA; and Active Community at Mission Hospital, Mission Viejo, CA and Laguna-Mission Hospitals, Laguna Beach.

PREVIOUS CLINICAL EXPERIENCE:

Community Services Provider: 8/05-8/09; **Volunteer Psychologist**, animal-assisted therapy activities at Heritage Pointe Assisted Living Center and Memory Care Unit, Mission Viejo, CA.;

Private Practice, 7/83-6/99, San Jose, CA

Individual, couples and family psychotherapy; General practice with special interests in relationship issues, psychological aspects of serious and life-threatening illnesses; techniques utilizing dream work, clay, sand-tray therapy, visual imagery.

Clinical Supervisor, 3/90-11/90, Adult and Child Guidance Center, San Jose, CA.

Supervised unlicensed therapists and case managers; Member, Utilization and Peer Review Committee; Consultant to managers on clinical and administrative issues; Public Relations Activities on TV, radio; Grant and article writing.

Clinical Director, 2/87-3/90, Adult and Child Guidance Center, San Jose, CA.

Oversaw clinical aspects of 20 clinical staff members; directed Clinical Internship Program; Supervised clinical unit managers of Child Abuse, Southeast Asian, Hearing Impaired

Engelman Vitae, page 2

programs; directed collaborative research program with Stanford University; chaired Utilization Review Committee; provided therapy to clients with primary diagnoses of PTSD, dysthymia, serious physical illness, anxiety; public relations presentations on radio and TV; Grant and article writing.

Hospital Clinical Psychologist, 3/84-1/87, Department of Physical Medicine and Rehabilitation, Santa Clara Valley Medical Center (Stanford University affiliated), San Jose, CA.

Psychological management of 250 spinal cord injured patients and their families; Personality and Neuropsychological assessments; Consultations with Oncology, Neurology, and Medicine services.

Assistant Clinical Professor, 10/81-3/84, Departments of Family and Community Medicine, and Psychiatry, University of California San Francisco Medical School, San Francisco, CA. (Fresno campus)

Supervision of 36 Family Practice residents and five Clinical Psychology Interns on the psychological aspects of medical care in individual and family therapy; Led four hospital Intensive Care Unit stress management groups (surgical, coronary, burn and general medicine units); Psychotherapy with families and individuals with medical problems such as cancer, hypertension, sexual dysfunction, chronic pain, lupus; Development and implementation of Behavioral Science curriculum based on Behavioral Medicine and Family System theory; Taught family therapy and dynamic psychotherapy to Family Practice residents.

Clinical Psychology Intern, 9/80-8/81, Veterans Administration Medical Center, Palo Alto, CA. (Stanford University affiliated).

Behavioral Medicine Unit-psychotherapy utilizing biofeedback (EMG GSR, EEG) to treat anxiety, phantom-limb pain, hypertension, post-traumatic stress; **Oncology Unit** (VA and Stanford)-individual and group psychotherapy with cancer patients and their families; initiated Psychosocial Resource Program; rotations on **Family Study Unit** and locked **Inpatient Unit**.

Behavioral Medicine Consultant, 2/81-9/81, Stanford Research Institute International, Menlo Park, CA.

Worked under HEW grant: "Behavioral Interventions for Mild Essential Hypertension"; therapist using biofeedback (EMG, EEG, GSR), progressive relaxation with employees at Moffett Field.

Clinical Psychologist Assistant, 9/76-8/81, Laboratory for Psychology Services, Georgia State University, Atlanta, GA.

Long-term individual and family psychotherapy.

Psychiatric Assistant, 2/77-6/77, Metropolitan Psychiatric Center, Atlanta, GA.

Milieu group psychotherapy with schizophrenic adolescents, and adults; co-led group for physicians with substance abuse issues.

PREVIOUS TEACHING EXPERIENCE:

Adjunct Research Faculty: 8/19-4/20, Sofia University, Palo Alto, CA. Dissertation Committee member.

Engelman Vitae, Page 3

Adjunct Faculty: 7/09-12/09 Alliant University, Irvine, CA. Teaching Psychodynamic Psychotherapy to doctoral forensic psychology students.

Assistant Clinical Professor, 3/84-12/90, University of California, San Francisco Medical School, San Francisco, CA.

Co-leader of resident support group for General Internal Medicine residents; Research activity on Biopsychosocial aspects of AIDS

Consultant, Saybrook Institute, San Francisco, CA.

Dissertation committee member and outside reader for dissertations, 1988-1994;1995;1997;2000; 2001

Psychology Instructor, San Jose State University, San Jose, CA.

Taught Counseling: theory and methods; Abnormal Psychology to undergraduate psychology students, 9/84-1/85; 1/87-5/87.

Psychology Instructor, Institute for Transpersonal Psychology, Menlo Park, CA.

Taught Cross-Cultural Counseling, Family System Therapy, and Clinical Supervision to Clinical Psychology Doctoral Students, 6/86, 9/83-12/83, 9/83-5/83.

Psychology Instructor, California Institute for Integral Studies, San Francisco, CA.

Taught Family Systems Therapy and Group Clinical Supervision to Clinical Psychology doctoral students, 9/83-3/84.

Psychology Instructor, Dominican College, San Rafael, CA.

Taught Abnormal Psychology to undergraduate students, 9/83-3/84.

Psychology Instructor, Georgia State University, Atlanta, GA.

Taught Abnormal Psychology to undergraduate psychology students, 3/80-6/80.

Research Assistant, to Ray Craddick, Ph.D., Georgia State University, Atlanta, GA

Taught Projective Techniques to Clinical Psychology doctoral students, 1978-1980.

Psychology Instructor, Georgia Institute of Technology, Atlanta, GA.

Taught Personal Health and Adjustment to undergraduate students, 3/80-6/80.

Yoga Instructor, YMCA, Atlanta, GA.

Taught Raja Yoga to 50 adults, 1/76-5/76, 1/77-5/77.

Engelman Vitae, page 4

PUBLICATIONS:

- Engelman, S.R. (2019). Animal-assisted interventions with those who are traumatized. In I.A. Serlin, S. Krippner and K. Rockefeller, (Eds.) Integrated care for the traumatized: a whole person approach. Boulder, CO: Rowman & Littlefield.
- Engelman, S.R. (2019). <https://www.elephantjournal.com/2019/05/paddling-through-space-an-essay-on-equanimity-within-and-without/>
- Engelman, S.R. (2015). Psychologists in Primary Care, Physician Link, 21, St. Joseph Hospital, Orange, CA.
- Engelman, S.R. (2015). Psychologists in Primary Care, Physician Link, 79, Mission Hospital, Mission Viejo, CA.
- Millay, J.B., & Engelman, S.R. (2015). Stanley Krippner's influence on the field of parapsychology. In J.A. Davies and D.B. Pitchford, (Eds.) Stanley Krippner: a life of dreams, myths, & visions. Colorado Springs, CO: University Professors Press.
- Engelman, S.R. (2013). Palliative Care and Use of Animal-Assisted Therapy, Omega: Journal of Death and Dying, 67, (1-2) 63-67. doi:<http://dx.doi.org/10.2190/OM.67.1-2.g>
<http://baywood.metapress.com/media/64t4f2twvh7uqklwup4u/contributions/u/q/2/t/uq2tj7147jg68156.pf>
- Engelman, S.R. (2012). Developing a Health Psychology Practice, California Psychologist, 45, 33.
<http://files.cpapsych.org/Publications/CP/pdf-issues/2012-n5Sept-Oct.pdf>
- Engelman, S.R. (2012). Mindfully Eating Ourselves to Full, Division 1 Briefings of the California Psychological Association, 175, 22-29. [Http://files.cpapsych.org/files/Divisions/Div1/Briefings175](http://files.cpapsych.org/files/Divisions/Div1/Briefings175).
- Engelman, S.R. (2005). The Spinning Mandala: Personal Transformation through Pottery Wheel Work, Indian Journal of Psychology, 21-30.
- Krippner, S., Rutenber, A.J., Engelman, S.R., & Granger, D.C. (1997, February). [Toward the application of general systems theory in humanistic psychology]. Humanitarian Vector (Russia), 46-64.
- Engelman, S.R. (1993). Spiritual dimensions of working with patients in medical settings. In S.R. Engelman (Ed.), Confronting Life Threatening Illness: mind/ body approaches. New York: Irvington Publishers.
- Engelman, S.R. (Ed.) (1993). Confronting Life Threatening Illness: mind/body approaches. New York: Irvington Publishers.
- Engelman, S.R. & Denicola, J.A.(1992). Models of Setting up Information and Referral Networks at Local Chapters, California Psychologist,25(3), July.
- Engelman, S.R. & Aguilera, D.(1990). Ethical and Legal Issues in Clinical Practice, California Psychologist, 23(4), October.
- Foley, R.& Engelman, S.R.(1990). Building an effective school and community counseling program. Thrust, for Educational Leadership, 19(4).
- Engelman, S.R.(1988). Use of the family genogram technique with spinal cord injured patients. Clinical Rehabilitation, 2. doi:10.1177/026921558800200103

Engelman Vitae, page 5

- Engelman, S.R. & Craddick, R. (1986). The symbolic relationship of breast cancer patients to their cancer, cure, physician, and themselves. (abstract), Advances, 3.
- Engelman, S.R. (1986) Clinical approaches to care of the family with terminal illness. International Journal of Psychosomatics, 33(1).
- Engelman, S.R. (1985) The role of family dynamics in spinal cord injury(abstract). Archives of Physical Medicine and Rehabilitation, 66.
- Engelman, S.R. (1985) Two generational spinal cord injury: a study of unresolved family grief (abstract). Archives of Physical Medicine and Rehabilitation, 66.
- Ruttenber, J., Krippner, S., Engelman, S.R. & Granger, D. (1985) Applications of general system theory in humanistic psychology. Systems Research, 2(2).
- Engelman, S.R. & Craddick, R. (1984) The symbolic relationship of breast cancer patients to their cancer, cure, physician, and themselves. Psychotherapy and Psychosomatics, 41(2).
- Engelman, S.R. (1982) Self and body cathexis change in yogic asana groups. Indian Journal of Psychology, 57(2).
- Engelman, S.R., Clance, P., & Imes, S. (1982) Self and body-cathexis change in therapy and yoga groups. Journal of the American Society of Psychosomatic Dentistry and Medicine, 29(3).
- Clance, P., Mitchell, M. & Engelman, S.R. (1980) Body cathexis in children as a function of awareness training and yoga. Journal of Clinical Child Psychology, 9(1).
- Engelman, S.R. (1977) Enrichment of a homosexual couple. In L.L'Abate (Editor). Enrichment: Structural interventions with couples, families and groups. Washington, DC; University Press of America.
- Engelman, S.R. (1976) A glimpse at cultural metaphors: the sphinx, dragon and phoenix, International Journal of Symbology, 7(3).

LECTURES, SEMINARS:

- “Animal Assisted Intervention with those who are traumatized”, S.R. Engelman, Institute for Crisis Management, University of Kathmandu, Kathmandu, Nepal, 10/6/19.
- “Spirituality at End of Life: Other states of consciousness”, S.R.Engelman, Temple Beth El, Aliso Viejo, CA, 8/19/15.
- “Animal-Assisted interventions”, S.R.Engelman, Advisory Board, Volunteer Services Department, St. Joseph Hospital, Orange, CA 1/6/11.
- “The Importance of Social Support with a Cancer Diagnosis”, S.R. Engelman, Colon-rectal Cancer Department, St. Joseph Hospital, Orange, CA. 11/2010
- “Stress in the Workplace: tools to overcome stress”, S.R.Engelman, Presented through St. Joseph Hospital Community Education to local corporation, Orange, CA. 7/2010.
- “Assessing Depression Near End of Life”, S.R. Engelman, Oncology Service, St. Joseph Hospital, Orange, CA. 3/10.

Engelman Vitae, page 6

- “Care-giver Stress”, S.R. Engelman, Presented to caregivers and patients, Heritage Pointe Extended Care Center, Mission Viejo, CA. 2007.
- “Jewish Culture and Psychology”, S.R. Engelman, Presented to Psychiatrists and mental health workers, University of California, Irvine Medical Center, Santa Ana, CA. 2006.
- “Balancing Profession and Home”, S.R. Engelman, Presented to psychology interns at Kaiser Permanente, Santa Ana, CA. 2005.
- "Spiritual Experiences and Coping with Life Threatening Illness", S.R. Engelman, Presenter (at Symposium: Brain, Mind, Consciousness, and Body-A Humanistic Perspective), American Psychological Association, Los Angeles, CA 8/14/94.
- "Models of Setting up Information and Referral Networks at Local Chapters", S.R. Engelman, Panel Chair and Presenter (along with W. Schachter, J.Denicola, D. Hyman,) California Psychological Association, San Diego, CA 3/92.
- "Utilizing Legal and Ethical Assistance: introductory remarks", S.R. Engelman, Santa Clara County Psychological Association (workshop Ethical and Legal Issues in Clinical Practice), Santa Clara,CA,7/90.
- "Use of the Family Genogram in Predicting Coping Styles to Spinal Cord Injury", S.R. Engelman, American Psychological Association, Washington, DC, 8/86.
- "The Spiritual Dimensions of Working with Families in Medical Settings, S.R. Engelman, Family Institute of Chicago and Northwestern University, Chicago, IL 8/86.
- "Two Generational Spinal Cord Injury: a study of unresolved grief", S.R. Engelman, American Congress of Rehabilitative Medicine and American Academy of Physical Medicine and Rehabilitation, Kansas City, MO 10/85.
- "The Role of Family Dynamics in Spinal Cord Injury", S.R. Engelman, American Congress of Rehabilitative Medicine and American Academy of Physical Medicine and Rehabilitation, Kansas City, MO 9/85. (Discussants: S. Manley, N. Crew).
- "The Biopsychosocial Aspects of AIDS", S.R. Engelman & C.B. Bahnson, American Psychological Association, Toronto, Canada,8/84
- “Care of the Terminally Ill Patient and Family", S.R. Engelman, Nursing Administrator's Council of Central San Joaquin Valley, Fresno, CA. 11/82
- "Symbolic Relationship of Breast Cancer Patients to their Cancer, Cure, Physician, and Themselves", S.R. Engelman, American Psychological Association, Los Angeles, CA. 8/81 (Discuss: S. Krippner, & T. Moss).
- "Reasons for Majoring in Psychology", M. Aarons, & S.R. Engelman, Southeastern Psychological Association, Macon, GA 5/80.
- "Body-Cathexis and Self-Cathexis Change in Therapy and Yoga Groups", S.R. Engelman, Southeastern Psychological Association, Atlanta, GA 4/78.

Engelman Vitae, page 7

EDUCATION:

GEORGIA STATE UNIVERSITY, Ph.D., Clinical Psychology, Atlanta, GA, 1981 (APA accredited program).

GEORGIA STATE UNIVERSITY, M.A., Clinical Psychology, Atlanta, GA, 1977 (APA accredited program).

ALFRED UNIVERSITY, B.A., Magna Cum Laude, Psychology Major, 1975.

SPECIALIZED TRAINING:

Health Psychology and Psychotherapy (Individual and Family)

Mind-Body Health-Freedom from Chronic Pain: Live Online Practitioner Training
Nov 2020, Howard Schubiner M.D, Hal Greenham, BSC, 25 hours.

Biofeedback- Board certified, Fellow Level, BCAI; clinical supervision with Joe Kamiya, Ph.D., Langley Porter Psychiatric Institute, University of California, San Francisco, CA 11/80-2/81. Jack Reed, Ph.D., Veterans Administration Medical Center, Palo Alto, CA 9/80-3/81; Stens Corporation, Tony Hughes, Ph.D., Anaheim, CA, 6/20-6/24/09; Richard Gevertz, Ph.D., Advanced Biofeedback and Pain Management, Anaheim, CA, 6/28-6/30/10; 6/23-6/24/11

Hypnosis- Ericksonian Hypnosis with Bill O'Hanlon, (20 hrs), Webinar, 2016; Jesse Miller, Ph.D., Paul Minsky, Ph.D., University of California Berkeley, CA(40 hrs), 11/80; Paul Watzlawick, Ph.D., Mental Research Institute, Palo Alto, CA 6 hrs, 11/86; David Patterson, Ph.D, Advanced Hypnosis and Treating Pain, American Psychological Association, San Diego, CA, 8 hours, 8/10.

Psycho-Oncology and Treatment of Patients/Families with Life Threatening Illness-Claus Bahne Bahnson, Ph.D., Fresno, CA (700 hrs); Carl Simonton, M.D. & Stephanie Matthews, Atlanta, GA (60 hrs)

Palliative Care, Death, Dying and Bereavement-City of Hope/NCI Palliative Care training, Pasadena, 10/13-10/16, 2009; Robert Neimeyer, Bereavement and Meaning Reconstruction, American Psychological Association, San Diego, CA, 8/10 (8 hours); Association of Death Education and Counseling (ADEC), Certified Fellow of Thanatologist, 9/13-present; Frank Ostaefer, Metta Institute, San Rafael, CA, 7/22-7/26 (18 hrs).

Analytical Psychotherapy-Ray Craddick, Ph.D., Atlanta, GA (200 hrs); June Singer, Ph.D, Palo Alto, CA (600 hrs); Arnold Mindell, Ph.D.(100 hrs); Lila Kramer, M.D., Palo Alto, CA (300 hrs.); June Matthews, LMFC, Palo Alto, CA (25 hrs sand-play therapy); Louis Vuksinick, M.D.(3,000 hrs)

Engelman Vitae, page 8

CREDENTIALS

Licensed Psychologist, Board of Medical Quality Assurance, July 1, 1983-present.

Medical Staff Privileges, St. Joseph Hospital, Orange, CA.7/1/09-current; Mission Hospital, Mission Viejo, CA. 2/1/16-current; Laguna-Mission Hospital, Laguna Beach, CA, 2/1/16-current.

Health Services Provider in Psychology, Council for the National Register of Health Service Providers in Psychology, # 32076, 8/84-current

California Community Colleges Psychology Instructor Teaching Credentials, 5/19/86.

CERTIFICATIONS

Board Certified, Fellow, in Professional Biofeedback, BCIA, Biofeedback Certification International Alliance, 2011-current.

Board Certified, Fellow, Thanatology: death, dying, bereavement, ADEC, Association for Death Education and Counseling, 9/1/2013-current

Certification, Animal Assisted Therapy, complex level, Pet Partners, 2005-current

Certification, Treatment of Post-Combat Behavioral Health Program, Alliant University, CA; 11/08-1/09; 2/09

Certification, Red Cross Disaster Mental Health Training, Santa Ana, CA; 2004

AWARDS/RECOGNITION

Oral Examiner, California Board of Psychology, for state licensing exam, June,1993.

Silver Psi Award for Contributions to Psychology, California Psychological Association, 2001.

Awards for Significant Contribution to the Membership, Santa Clara County Psychological Association 1992, 1996, 1999

PROFESSIONAL MEMBERSHIPS:

American Academy of Psychotherapists, 1983-2008

Applied Psychophysiology and Biofeedback Society, 2010-2015

American Psychological Association, 1980-present

Association of Death, Dying and Education, 2011-2019

Association for Humanistic Psychology, 1972-1986

Engelman Vitae, Page 9

California Psychological Association (CPA), 1987-present

Treasurer, Board of Directors 1/2000-12/2002

Treasurer-Elect, Board of Directors 1/1999-12/1999

Member, Board of Directors, 1/1994-12/1996

Member, Board of Directors, 9/1997-12/1999

Member, Executive Council, 1998

Chairperson, Northern Regional Caucus, 1998

Coordinator, Regional Caucus Chairpersons, 1998

Chairperson, Structure, Function and Bylaw Committee, 1998-99

Vice-Chair, Structure Function and Bylaw Committee, 1997

Member, Awards Committee, 1998

Functional Neurological Disorders Society, Founding member, 2020

National Register of Health Service Psychologists, 1983-present

Orange County Psychological Association, member 1999-present

Santa Clara County Psychological Association, 1986-2002

President, President-Elect, and Past President, 1990-1993

Member, Board of Directors (CPA representative to CPA Board of Directors, 1994-1996; 1997-2000)

Chair, Ethics Committee, 1990-1991

Chair, Information and Referral Service, 1991-1993

Chair, Government Affairs Committee-1993-1994

St. Joseph Hospital, Interdisciplinary Practice Committee, 1/2016-1/2021

Temple Beth-El, Bereavement Committee, Jewish Judicial Action Committee, 2004-current

